

CHAPTER 3

ORAL SEX & ANAL SEX

Many parents would prefer never to mention these topics, but some children will hear about them at an early age. By their teenage years, kids need to know about oral and anal sex because they are widespread sexual practices.

Oral sex

The phrase 'oral sex' means use of the mouth on the sex organs. Oral sex is part of the sex lives of many people. Many people derive pleasure from having their sex organs licked, kissed and sucked; and many people like to pleasure their partner in this way. People may use oral sex as foreplay, on its own, or to avoid pregnancy. Many teenagers experiment with oral sex; and some rapes and sexual assaults include forced oral sex.

Oral sex is frequently alluded to in the media. Children will become aware of it sooner rather than later, as with many sexual practices nowadays. As with all discussions of sexual behaviour, keep the tone matter-of-fact. You are discussing one more facet of how the world works.

Many teenagers have experience with oral sex. It can become 'fashionable' or 'cool' among groups of young people. This often involves the expectation that the girls in that grouping will be giving oral sex to their male partners, pretty much on demand.

It is important that children and teenagers understand that no one should ever be forced or expected to engage in any kind of sexual behaviour. Sexual involvement