

Explaining sexual intercourse

SUGGESTED WORDS FOR PRESCHOOLERS & OVER



The following suggestions assume the child already knows the names for body parts, and knows which sex has which sex organs.

1. Intercourse... (making love) (having sex) is part of how grownups express their love for one another.
2. While explaining about conception, talk about the love and caring with which mummy and daddy decide to make a baby; that babies are part of families; that grownups take care of babies.

Where babies come from

1. Babies grow in a special place in their mother's body. The baby place is called a womb. It's in here (touch stomach), way inside. When she has a baby growing inside her, her tummy gets really big.

How intercourse happens (How do they get in there?)

1. Dad's penis gets stiff and goes into mum's vagina.
2. When mummy and daddy are ready to start a baby, dad's penis gets stiff. Mum and dad hold each other close, and they put the penis into the mum's vagina. (Make sure they understand that the penis remains attached to the father's body.)
3. The man's penis gets stiff and goes into the woman's vagina. Some sticky stuff called sperm comes out and meets a little bit called an... (egg) (ovum) in the woman's body. That gets a baby started growing in the woman's womb.

How babies get out (get born)

1. When the baby is big enough and ready to come out, the strong muscles in the mother's body push it out through her vagina.
2. (By Caesarean.) Sometimes, there's some problem and the baby can't be born through the vagina. Then the doctors do an operation called a C-section, or Caesarean. They cut through the mother's tummy and into the womb, and take the baby out. Then they sew the mother back up, and she's fine.

Intercourse is part of adult love

1. Intercourse is nice and feels good when grownups do it with someone they love.
2. Your mother and I like to have intercourse together because we love