

# CHAPTER 12

## MEDIA, THE NET, & MOBILE PHONES

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*Media and communication technology are part of modern life, and children cannot be isolated from them. But they can be taught how to use them constructively.*

### **Points to remember**

- Technology changes. Human values do not.
- Don't leave children to cope on their own with the net, or with the media, or with mobile phones or any other communication technology.
- You may feel that children are more technologically competent than any adult, but adults are the ones with the life experience, with the values, and with the perspective on what kinds of behaviours are acceptable, and which are not.

### **Teach children and young people how to use communication technology**

- Choose programs, videos and other media that you feel are entertaining and healthy, depending on the age of the child. Give them lots of interesting, fun books, videos, games, CDs, DVDs, and encourage them to talk with you about what they like.
- Monitor what young children watch on TV, videos, DVDs, movies and games. Limit the amount of violence they see; limit the adult content they